

SUMMER 2024 ACTIVITY GUIDE

MONDAY

6:00am - 7:00am	Sunrise walk: Map available at the front desk
6:30am -	Sunrise horseback ride*
7:00am - 8:00am	Salutation Sunrise Flow*
7:00am -9:00am	Breakfast
7:00am - 8:30am	Trap and Skeet*
7:00am - 12:00pm	Camp Caballeros *
8:30am - 9:30am	Restorative Yoga*
8:30am - 10:00am	Trap and Skeet*
9:00am -	Morning horseback ride*
9:00am - 4:00pm	E-Bike Rentals
9:00am - 3:00pm	Family Badminton and Corn hole (Pool Lawn)
9:30am -	Ring Rides
9:30am - 10:00am	Roping Lessons
10:00am - 11:00am	Guided Labyrinth Meditation Walk*
10:00am - 11:00am	Family Croquet (Event Lawn)
11:30am - 12:00pm	Yoga Flow*
12:00pm - 1:30pm	Lunch
3:00pm - 5:00pm	Canvas Painting* (Meets at Kids Camp)
5:00pm - 8:00pm	Dinner *
8:00pm - 9:00pm	Stargazing (Event Lawn)

Note all activities are subject to change. Please check ranch daily for updates.







TUESDAY -

	Sunrise walk: Map available	9:00am -	Morning horseback ride*
	at the front desk	9:00am - 4:00pm	E-Bike Rentals
6:30am -	Sunrise horseback ride*	9:30am -	Ring Rides
7:00am - 9:00am	Breakfast	9:30am - 10:00am	Combs and Tack
7:00am - 8:30am	Trap and Skeet*	10:00am - 11:00am	Family Croquet (Event Lawn)
7:00am – 12:00pm	Camp Caballeros*	11:00am - 12:30pm	Build a Bird Feeder
8:30am - 9:30am	Ashtanga – Hatha Yoga Blend		(Meets at Kids Camp)
8:30am - 10:00am	Trap and Skeet*	2:00pm - 1:30pm	Lunch
9:00am - 5:00pm	Family Badminton and	5:00pm – 8:00pm	Dinner*
	Corn hole (Pool Lawn)	8:00pm – 9:30pm	Dive in Movie at the pool

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WEDNESDAY

6:00am - 7:00am	Sunrise walk: Map available	9:30am -	Ring Rides
	at the front desk	9:30am - 10:00am	Roping Lessons
6:30am -	Sunrise horseback ride*	10:00am - 11:00am	Family Croquet (Event Lawn)
7:00am - 9:00am	Breakfast	11:00am - 12:00pm	Horse shoe painting
7:00am - 8:30am	Trap and Skeet*		(Meets at Kids Camp)
7:00am - 12:00pm	Camp Caballeros*	11:00am - 12:00pm	Ashtanga – Hatha Yoga Blend
8:30am - 10:00am	Trap and Skeet*	1:00pm - 2:00pm	Make a splash pool party
9:00am - 3:00pm	Family Badminton and		(free snow cones)
Corn hole (Pool Lawn)	12:00pm - 1:30pm	Lunch	
9:00am -	Morning horseback ride*	5:00pm – 8:00pm	Dinner *
9:00am - 4:00pm	E-Bike Rentals	7:00pm - 8:00pm	Family Bingo Night (Card Room)

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THURSDAY -

6:00am - 7:00am	Sunrise walk: Map available at the front desk
6:30am -	Sunrise horseback ride*
7:00am - 8:00am	Salutation Sunrise Flow*
7:00am - 9:00am	Breakfast
7:00am - 8:30am	Trap and Skeet*
7:00am - 12:00pm	Camp Caballeros*
8:30am - 9:30am	Restorative Yoga*
8:30am - 10:00am	Trap and Skeet*
9:00am - 5:00pm	Family Badminton and Corn hole (Pool Lawn)
9:00am -	Morning horseback ride*
9:00am - 4:00pm	E-Bike Rentals
9:30am -	Ring Rides
9:30am - 10:00am	Combs and Tack
10:00am - 11:00am	Guided Labyrinth Meditation Walk*
11:00am - 12:00pm	Paint your pet rock (Meets at Kids Camp)
11:30am - 12:00pm	Yoga Flow*
12:00pm - 1:30pm	Lunch
2:00pm - 3:00pm	Cooking class with Chef*
5:00pm - 8:00pm	Dinner *
8:00pm - 9:00pm	Stargazing (Event Lawn)

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FRIDAY

6:00am - 7:00am	Sunrise walk: Map available	9:30am -	Ring Rides
6:30am -	at the front desk Sunrise horseback ride*	10:00am - 11:00am	Guided Labyrinth Meditation Walk*
7:00am - 8:00am	Salutation Sunrise Flow*	11:00am -12:00pm	Horse shoe painting
7:00am - 9:00am	Breakfast		(Meets at Kids Camp)
7:00am - 8:30am	Trap and Skeet*	11:30am - 12:00pm	Yoga Flow*
7:00am - 12:00pm	Camp Caballeros*	12:00pm - 1:30pm	Lunch *
8:30am - 9:30am	Restorative Yoga*	1:00pm – 2:00pm	Make a splash pool party (free snow cones)
8:30am - 9:30am	Ashtanga – Hatha Yoga Blend	2:00pm – 3:00pm	Cocktail making class*
8:30am - 10:00am	Trap and Skeet*		concierge desk. \$10pp)
9:00am – 5:00pm	Family Badminton and	5:00pm- 8:00pm	Dinner*
	Corn hole (Pool Lawn)	6:00pm – 9:00pm	Saloon Entertainment
9:00am -	Morning horseback ride*	8:00pm – 9:30pm	Dive in Movie at the pool
9:00am – 4:00pm	É-Bike Rentals	c.copiii moopiii	

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SATURDAY

6:00am – 7:00am Sunrise walk: Map available	9:00am - 4:00pm	E-Bike Rentals	
	at the front desk 9:30am -	9:30am -	Ring Rides
6:30am -	Sunrise horseback ride*	10:00am - 11:00am	Guided Labyrinth Meditation Walk*
7:00am - 8:00am	Salutation Sunrise Flow*	11:30am - 12:00pm	Yoga Flow*
7:00am - 9:00am	Breakfast	12:00pm – 1:30pm	Lunch
7:00am - 8:30am	Trap and Skeet*	3:00pm – 5:00pm	Afternoon at the Museum
7:00am - 12:00pm	Camp Caballeros *	(\$15 for adult's kids 17 and under free)	
8:30am - 9:30am -	Restorative Yoga*	5:00pm - 8:00pm	Dinner (Main Dining Room) *
9:00am - 10:00am	Scavenger hunt: List available	6:00pm - 8:00pm	Pool Side Barbecue
at the concierge desk	6:00pm – 9:00pm	Saloon Entertainment	
9:00am -	Morning horseback ride*		
9:00am - 5:00pm	Family Badminton and Corn hole (Pool Lawn)		

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SUNDAY

6:00am - 7:00am	Sunrise walk: Map available at the front desk	
6:30am -	Sunrise horseback ride*	
7:00am - 8:00am	Salutation Sunrise Flow*	
7:00am - 9:00am	Breakfast	
7:00am - 8:30am	Trap and Skeet*	
7:00am - 12:00pm	Camp Caballeros*	
8:30am - 9:30am -	Restorative Yoga*	
8:30am - 10:00am	Trap and Skeet*	
No additional ride available today		
10:00am - 11:00am	Guided Labyrinth Meditation Walk*	

	Meditation
11:30am - 12:00pm	Yoga Flow*
12:00pm – 1:30pm	Lunch
5:00pm - 8:00pm	Dinner *

Note all activities are subject to change. Please check ranch daily for updates.







ACTIVITY DESCRIPTIONS, LOCATIONS & COSTS

BIRD WATCHING

Meet Dick at the nature center (located across from the Corral) to see some feathered friends.

COMBS & TACK

One-on-one interactions with our pony pal. Learn proper grooming techniques, horse anatomy and all about the saddle. **\$25 pp**

E-BIKE RENTALS

Bikes are electric and made to explore the ranch and desert. This is a beginning to intermediate experience with amazing views. **\$15 pp for 1 hour**

GOLF

Ranch Guest Summer Golf Rates: Weekdays (Mon-Thur) **\$50** Weekends (Friday-Sun) **\$60**



HASSAYAMPA RIVER PRESERVE

Meet Dick at the front desk for a short van ride for the tour of the river that flows underground.

HORSEBACK RIDING

Pre-register so we can match you with the best horse for you. PM Ride not available Fri or Sun. AM ride: **\$85 for 2 hours**, **PM ride: \$80 for 1 1/2 hours**

CAMP CABALLEROS

Kids ages 5-12 can join us for crafts, games, activities and fun learning. **\$40 per kid per day**; Pre-registration required.

POOLSIDE BBQ

Enjoy an evening under the stars with music and mesquite BBQ cuisine. Included in FAP Meal plans. **\$60per adult. Children 5-12 half price.** Reservations required.

NATURE HORSEBACK RIDE

Join our naturalist Dick for a slow ride through the desert. Children must be 15 years of age or older. (Intermediate to Advanced riders, please.) **\$85 pp**

NATURE WALK

Meet Dick at the Nature Center (located across from the Corral) for an easy and fun walk through the Sonoran Desert.

ROPING LESSONS

Think you should have been a cowboy? With help from one of our cowboys or cowgirls, they'll take you step by step on how to catch two horns. **\$30 pp**

TEAM PENNING/LESSONS

This involves working in small groups of horseback riders to navigate steers into a pen located at the arena's far end. Oh, and it's timed. Reservations required. **\$85 pp**

TRAP & SKEET SHOOTING

Try your hand with shotgun target practice at our shooting ranges, with expert instructors to teach and assist you. Participants must be 15 or older. **\$85 pp for 1.5 hours**

YOGA

For more information, please contact Nicole at ncloud@ ranchodeloscaballeros.com. **\$20 pp** *Locations vary depending on class.*

(See Yoga & Wellness Offerings on the Following Pages)

Age Requirement's for activity sign up

Trap and Skeet – Children must be 15yrs of age or older Horseback Riding – Children must be 7yrs of age or older Nature Horseback Ride – Children must be 15 yrs of age or older E-bikes – children must be 12yrs of age or older

THE HORSEBACK TO YOGA MAT EXPERIENCE





Enjoy a beautiful 45-minute horseback ride through the Sonoran Desert to our natural yoga studio amongst the cacti. Your wrangler will deliver you to your mat for a 60-minute desert yoga flow focused on stretching and energizing your mind and body. Saddle back on your horse and return to the coral.

> This is a 2-hour activity for groups (Needs to be booked in advance prior to your arrival)

Email ncloud@ranchodeloscaballeros.com to book this experience.



The Crystal Singing Bowl Experience

Immerse yourself in a sound bath of vibration to clean and rebalance your nervous system. Emerge into a stage of homeostasis.

60 minutes – \$100pp (This is a group experience)

The Essential Oil Guided Meditation Experience

Invite your senses to come alive with therapeutic grade essential oils in your most creative art, meditating your dreams into reality.

60 minutes – \$50pp (This is a group experience)

The Cranial Sacral Experience

Tap into your fluid state and let the healing flow! The CSE focused light, therapeutic touch to relieve tensions deep in the body and nervous system. Promotes pain relief, clarity and overall sense of well being. Dive even deeper and add a luxury soak to your treatment.

CSE – 60 minutes – \$100pp (This is a private experience)

CSE + Soak – 90 minutes – \$150pp (This is a private experience)

The Reiki Experience for Energy Healing

A healing technique used to channel energy by means of touch to activate the natural healing process of your body to restore physical and emotional well-being.

60 minutes – \$100pp (This is a private experience)

Hypnotherapy

Enter a changed state of awareness that allows for improved focus and concentration.

60 minutes – \$100pp (This is a private experience)

Lift & Glow Facial

Experience the bliss of this facial, highlighting a muscle toning massage and lymphatic drainage. You will see visible lifting effects after one treatment.

45 minutes - \$100pp (This is a private experience)

Book one of these private group experiences or combine them for a night of healing.

Email ncloud@ranchodeloscaballeros.com